

CATARACT FINDER

WHAT IS CATARACT?

It is clouding of the lens in the eye that disturbs the vision. Most of the time, cataract is associated with aging.



(Photo adopted from Mayo Clinic)

DO YOU HAVE THESE SYMPTOMS?

1. Cloudy or blurry vision.
2. Faded view of colours.
3. Difficulty in focusing on object under glaring lights: Headlights, lamps, or sunlight may appear excessively bright. Halo may appear around lights.
4. Poor vision at night.
5. Frequent change in glasses or contact lenses prescription.



Normal vision



Vision with cataract

HOW DOES CATARACT AFFECT YOUR VISION?

When a cataract is small, the cloudiness covers only a small part of the lens. You may not realise any changes in your vision. Gradually, your vision gets worse as cataract tends to "grow" over the time. (National Institutes of Health US, 2015)

Estimated cataract blind persons in Malaysia (Corrected vision <math><3/60</math> in the better eye)

	Male	Female	Total
Northern	4755	7803	12558
Eastern	271	3370	3641
Central	0	0	0
Southern	1073	1751	2824
Sabah	1680	3104	4784
Sarawak	600	2823	3423
Total			27230

(Adopted from Selayang Hospital Cataract Centre)

WHERE CAN I GET CATARACT FINDER SERVICE?

You can get a free cataract finder service from our trained Pharmacists at any Lovy Pharmacy outlet. Our Pharmacists are well-trained at Selayang Hospital Cataract Centre. You can be directly referred to Ophthalmologists for treatment thereafter too.